

Students learn need for new study skills

Five tips aid those adapting to college

By Isaac Warren
Staff Writer

SPRINGFIELD – In hindsight, Jonathan Davis wishes that he had studied more for exams this semester.

The 2015 Southeast High School graduate, Davis is in his first semester at Lincoln Land Community College. While he is enjoying his experience so far, he wishes he had taken exams more seriously.

The transition from high school to college can be a challenging one. Schedules, exams and even lunch in college are different than that of a typical high school day. For some, college can be a wakeup call for students to get their act together.

Tanner Reavis, another student at LLCC, said he wishes he had taken more time to study, believing that would have greatly improved his college experience so far.

For many students, it seems that procrastination has a strong grip on them. It is vital for one to have control over their time in order to be efficient and successful in college, and in life. Below is a list of five tips that may help those who struggle with time management, test taking, or studying.

1. According to LLCC's list of "10 Timely Tips," if one can talk about a subject for 15 minutes, chances are, they know that topic pretty well. If, however, it is difficult for one to talk about a topic for that long, they should consider going back and studying the material some more.

2. Creating a schedule is a great way to stay organized for all classes, according to the

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Haunting of LLCC



Tess Peterson/Lamp staff photos

Children gather in a Sangamon Hall lab to watch a 20-minute science demonstration by the Chemistry Club. About 200 children and parents attended the third annual Haunted Lab.

Children watch science demonstrations at 3rd annual Halloween event

By Tess Peterson
Staff Writer

SPRINGFIELD – Lincoln Land's chemistry labs were overtaken by about 200 monsters, ghosts and other ghouls. But luckily, superheroes were also on hand.

All of these supernatural people visited campus

Oct. 26 for the third annual Haunted Lab, hosted by the Chemistry Club and Environmental Club. Children over the age of 5 were invited to come and to wear costumes, while being dazzled with 20-minute science demonstrations by the Chemistry Club.

A bake sale and hands-on activities were also available, while visitors waited to watch the

experiment.

Club member Olivia Carey was excited about the chance to teach children about chemistry and to interact with them, she said.

In her fourth semester at LLCC, Carey said she just joined the chemistry club this year because

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Bringing the world to LLCC

Trutters share art collection from global travels

By Teresa Brummett
Staff Writer

SPRINGFIELD – From the late 1950s to the mid-1970s, Philip and Mary Kathryn traveled the world, visiting hundreds of countries.

During those travels the collected all types of cultural items. They brought back art from China, the Yucatan Peninsula, Papua, New Guinea, and more. Most date to the 19th and early 20th centuries.

After Mary Kathryn Trutter died in 1977, Philip Trutter, a Springfield architect, decided to take art classes at Lincoln Land. He then decided to create a museum.

The Trutters donated the couple's collection to the college after he died in 2000, creating the Trutter Center.

The Trutter Center has about 750 pieces in its collection. About 43 pieces are miniatures. This led Janet Semanik, development specialist for the Trutter Center, to come up with the sixth exhibit that the Trutter Center has held: "Small World" Near and Far.

This show, which lasts until May 2016, not only displays the work from around the world, but it includes work from Lincoln Land faculty.

Visitors to the museum will see more than just miniatures. Painting and drawings from famous artists such as Marc Chagall and Salvador Dali are among those works hanging on the walls.

Other artifacts include a wedding head dress from Uzbekistan. It shows the detail and craftsmanship of it. Visitors can see brass, ivory, jade, pottery and more from the Trutters' collection.

Also on display are some of Philip Trutter's creations.

Mary Kathryn Trutter loved puzzles, so Philip Trutter decided to make puzzles for her.

He would take a photograph of something himself or just use a

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Students become 'zombified'

Spooktacular offers Halloween fun between classes

By Cathryn Buecker
Staff Writer

SPRINGFIELD — With the chill in the air, October brings with it the many celebrations of the spooky season. At Lincoln Land, it's no different.

Lincoln Land's Spooktacular gave students the chance to take part in

several of the activities Halloween has to offer. Students got to dress up, paint pumpkins and, of course, eat delicious treats. Most notably, the "dirt" pudding.

Among the several students dressed for the occasion was Samantha Wetter. Most everyone recognized her costume as Flo from the Progressive Insurance commercials.

Wetter said that it had been her costume last year, and that people had seemed to really enjoy it.

Wetter said she enjoyed the event and the food.

Pumpkins weren't the only thing getting painted at the event. Students who neglected to dress for the occasion did have the opportunity to join in by getting their faces painted. A few students walked away looking scratched up and "zombified".

Along with the pumpkin painting, Spooktacular also offered the chance to see a "spooky" experiment conducted by the Chemistry Club. Also known as "Elephant Toothpaste," this experiment involved the use of hydrogen peroxide, warm water, soap, yeast and some food coloring.

Elizabeth Mock, who ran the experiment with fellow student Olivia Carey, said that this experiment was chosen because it could be done safely without any lab conditions.

"It's easy and fun to do," Carey added, dropping the many ingredients into a large tube. After adding the warm water to the concoction, green foam suddenly shot out of the tube.

"People like it because they don't expect what happens," she said.

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This newspaper is dedicated to the students, faculty and staff of Lincoln Land Community College.

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Sharing one's abuse story

By T'Ericka Stelivan
Staff Writer

Pushing through nervousness and the anxiety from all of the eyes staring at me, I spoke first: "Hi, everyone. My name is T'Ericka Stelivan. I am 18 years old and I was in an abusive relationship for two years."

I recently shared my story to a group of about 30 women gathered for a domestic violence event.

These women were of different ethnicities and led completely different lifestyles, but we gathered to speak about the one experience we all had in common. We are domestic violence survivors. We spoke through tears and talked about the demons we had sworn not to revisit.

I continued to tell the group: "But of course he wasn't abusive 100 percent of the time. We had our beautiful moments, and then there were those spurs of rage."

About half of the women stood up

as I was talking. Before we started, the host told people to stand when they identified with something being said. It was a quiet way of comforting one another so that we wouldn't feel like we experienced anything alone, or like we were talking to ourselves.

A lot of women were surprised that I was so young and had experienced being in an abusive relationship. They had many questions.

From research, I knew that I wasn't alone and that many girls my age are in abusive relationships.

Futureswithoutviolence.org states, "Approximately one in three adolescent girls in the United States is a victim of physical, emotional or verbal abuse from a dating partner."

I told the group: "I just remember everything being amazing and perfect. He was my prince charming. We spent all of our time together, and then, he just became this angry, scary person that I didn't know. It was a very confusing feeling that I wasn't familiar with."

I wept.

All of the ladies in the room surrounded me, showering me with hugs and kind whispers of encouragement.

I sat down, collected myself and listened as the rest of the women told their stories. Our hearts were heavy together, as we shared tears and ourselves. It was altogether painful, beautiful and inspiring.

"You are all so incredibly strong," the host told us at the end. "Please always treasure yourself and take care of your body. Never allow anyone to invade you or make you feel unsafe. You matter. You are special. God bless you all."

Domestic Violence Month is only acknowledged for 31 days but there are millions of people dealing with it every day.

"On average, nearly 20 people per minute are physically abused by an intimate partner in the United States. During one year, this equates to more than 10 million women and men," according to the National Co-

alition Against Domestic Violence.

For me, I sometimes worry that people question why or how I could have stayed in an abusive relationship for two years. In the end, the reasons are complex. I was young. He was my best friend. Leaving meant breaking out of a comfort zone.

I can't fully explain why one stays, but I know that many people don't leave an abusive relationship for those reasons.

If you are in an abusive relationship or know someone who is, call 1-800-799-7233. This 24-hour hotline is staffed by people trained to help and get you to safety.

In honor of the thousands of people who have died due to domestic violence and the ones who are too afraid to get out, please don't let your story be unheard. Don't silence your abuse. You matter. Speak up.

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Focus on domestic violence

By Kaylie Horrer
Staff Writer

SPRINGFIELD – Half of homeless women and children are on the streets because of domestic violence.

October is Domestic Violence Awareness Month. It is a month devoted to spotlighting this form of abuse, which tends to increase in violence over time.

Domestic abuse has different forms.

"The first form is physical, pulling hair, pulling clothes, choking and scratching. Emotional, verbal, yelling, screaming, blaming, stalking and threatening," said Tameka Crawford, a National Domestic Violence Hotline worker.

"Sexual abuse, another type," Crawford said. "Financial abuse, when abusive partner will tell you what you can and cannot buy, likes to give partner an allowance."

Crawford said, "Another one that is really impor-

tant is digital, and the last one is stalking."

Women are the main targets when it comes to domestic violence, but men also get abused.

"The only thing I know about domestic violence is both men and women can be victims," said Jordyn Lahey, a freshman at Lincoln Land.

In 2003, men made up 15 percent of partners who have been abused. Men who get abused stay silent about this because they are afraid that nobody will believe them or take them seriously.

"I do know someone who has been abused, and I would help them by calling the hotline number," Lahey said.

There are three national hotline numbers available. The first focuses on domestic abuse (1-800-799-7233). The second focuses on sexual assault (1-800-656-4673). The last one is for teen dating abuse (1-866-331-9474).

There is also a website that you can go to if you need any help; www.thehotline.org.

Domestic violence is a pattern of abusive

behavior in any relationship that is used by one partner to gain or maintain power and control over another intimate partner.

"I do not know anyone who have been abused, but if I did, I would help them by telling a responsible person what's going on," said Dylan Clark, freshman at Lincoln Land.

Illinois has 91 organizations in 45 cities to aid victims of domestic abuse.

In Springfield, there is also a shelter: The Sojourn Shelter and Services Inc. at 1800 Westchester Blvd. Sojourn can be reached at 217-726-5200.

All the services at Sojourn are free and confidential. The services they have are shelter services, children's program, court advocacy, SAFER Program, non-residential services, prevention and education program and a volunteer program.

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Changing media impacts jobs, politics

By Kaylie Horrer
Staff Writer

SPRINGFIELD – Today, people have all the information they want at the tip of their fingers.

Who needs a subscription to a newspaper or magazine? Technology has made traditional media, such as newspapers, magazines, TV, radio and other print marketing, obsolete.

This declining of traditional media has caused negative effects on those seeking jobs in the media and those depending on the media for political news.

"With the decline of traditional

media, there has been a great turn over in jobs. A lot of the layoffs get highlighted," said Tim McKenzie, assistant professor of journalism.

Advertising has dropped significantly since the recession hit U.S. markets in 2008. In 2008 and 2009, media saw the largest drop in staff in a 12-month period, and unfortunately, this has not slowed down. Between 2007 and 2010, 13,500 newspaper journalists lost their jobs, cutting newsroom staffs by 25 percent.

"(A decrease in jobs) is a concern, but people still want and need news," McKenzie said. "What we are finding, people are getting the news from

other venues. There are more online, social media and other media jobs."

While there are other sources for news, some worry about the quality of the news given the variety of sources.

"With the growing fragmentation of the media, people pay less attention to politics today than they used to," said Anthony DiMaggio, professor of political science at Lincoln Land. "With less attention to the news, people are less informed about the world around them. And if people are less informed, it makes it harder to hold political leaders accountable. In short, the problem is

that the quality of our democracy is not very good, because people don't know enough about how the political process works."

Right now, the media is in transition, but some see hope for the future as it adjusts.

"I think that there is a negative impression of the industry, but the reality is the number of jobs is increasing slightly," McKenzie said. "The opportunities are there, but were there are and how to build a career is not clear."

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Studying

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"10 Timely Tips." Writing down each assignment on a notebook or on a phone app makes remembering assignments easier.

3. Test anxiety often plagues

students, as they get closer to exam day. One of Lincoln Land's "Helpful Handouts" lists some ways of getting rid of unneeded anxiety. Simple tasks, such as eating a good breakfast, attending class and avoiding caffeine, can positively influence one's test-taking experience.

4. Keeping a record of one's grades and progress can be beneficial for suc-

cess, according to a "Helpful Handout on time management. If a certain subject is hard to grasp, consider going to the Center for Academic Success under the library and schedule a tutoring session. It is best to do so as soon as possible instead of waiting until a week before exams.

5. Perhaps one of the best things anyone can do to feel better about college,

is to reward oneself after studying and passing a test or other assignment, advised a "Helpful Handout" on dealing with test anxiety. This allows for students to feel good after working hard to receive the grade they want.

A full list of handouts can be found at: http://tiny.cc/llcchandouts
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One novel, one month

Contest gives authors 30 days to write 50,000 words

By Lukas Myers
Staff Writer

SPRINGFIELD – What do the “Great Gatsby,” “Brave New World” and the “Hitchhiker’s Guide to the Galaxy” all have in common, besides being great novels? The word counts for each of these books come incredibly close to the number 50,000.

And that number, 50,000, is what the committee determining the standards for National Novel Writing Month has decided an adequate number for a “winner.” National Novel Writing Month is a competition, but not in the traditional sense.

In this competition the only thing that a contestant has to beat is his own will to write, and

a pesky 30-day time limit. Anyone who gets to the full 50,000 words is considered a winner and is sent five paperback copies of their book as a prize, though it does not have to end there.

Several National Novel Writing Month, affectionately called NaNoWriMo (na-noh-ry-moh) by many contestants, novels have made it onto higher tier publishing, such as “Water for Elephants,” which was made into a motion picture.

As the story goes, the month was created as a way to make use of the time that passes during what is described as the “miserable month” of November, and the original competition only had 21 participants compared to the thousands today from every walk of life.

Even here on the campus of Lincoln Land Community College, there are some students who want to make their mark by winning the competition.

Matejka Robinson has entered the competition three times. She said the month is one of the most stressful things she has attempted to do.

“Last year I made it to 15,000 words,” she said.

Each year, she does the challenge she gets more and more added to her final total, and this year, she wants to go for it yet again. This year, she plans to work on a fantasy piece.

She worries about not reaching her goal but, ultimately, says. “You have to write for what you are writing, the story, or else what is it even?”

Stating that while the goal is ever present, she said the necessary thing is truly to complete the story where the story completes, not where some word count says.

Contestants are allowed the ability to outline, research and take notes before the month of November, but to do any actual writing goes against the convention of the entire competition. The point is for the competitor to beat himself.

Among the other competitors on the LLCC campus is Professor Deborah Brothers, who is a two-time contestant and a zero-time finalist

herself.

“Basically, you just need to write about five pages a day,” Brothers said.

The competition is renowned for its quantity over quality approach to the writing process and urges people to “just write” and to keep writing. The website that supports the competition has many forums and programs designed specifically to help combat the evils of writer’s block and procrastination.

“I think all of us have interesting stories to tell. Do I think you can write a great book in a month? Probably not if you aren’t an experienced writer, and probably not without a lot of editing, even if you are an experienced writer,” Brothers said. “But the act of writing and writing every day is inspiring and liberating and good experience and discipline. The point is to just do it. Just start. One word after the next. You can worry about the editing later.”

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Tess Peterson/Lamp staff photos

Before the chemistry demo, children could do hands-on activities. About 200 children and parents attended the third annual Haunted Lab.

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she heard positive things about it from friends and others involved.

Besides the Haunted Lab, the club also took part in Spooktacular in the A. Lincoln Commons and worked with Phi Theta Kappa to do a chemistry demonstration at Hope Institute on Oct. 28.

The club also will be taking a field trip to the Argonne National Labs, and in December, the club will travel to the Fermi Lab near Chicago.

The chemistry club has a variety of other activities and shows throughout the school year, said Kyle Kieffer, a sophomore at Lincoln Land and the president of the

chemistry club this year.

The 2014 graduate from Glenwood was involved with the science and chemistry clubs in high school. He has been a part of every activity at the school this year, and he said he’s excited about the Haunted Lab and the upcoming trips.

The chemistry club is going to see a seminar at Fermi Labs about the Earth and humanity’s place in the universe, said Kieffer, who hopes to continue his study of sciences as a pre-med/biology major.

Professor Jennifer Ramm started the chemistry club started in 1994 with a few students who loved chemistry. Those students would get together after class, and eventually, they wanted to start a chemistry club and so did Ramm. Thus,

the chemistry club was born.

The chemistry meets every Wednesday for some educational fun.

To promote the Haunted Lab, the chemistry lab sends fliers to the local school districts to let elementary school students know about the Haunted Lab. The public relations team here at LLCC also helps. In past years, more than 100 kids have come to the Haunted Lab. Students from other chemistry classes come for the fun too.

Every year, the Haunted Lab has entertained many local children and families in hopes of having a fun time and teaching the kids about science.

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colorful magazine page. Using his architectural tools, he would create her a masterpiece of a puzzle.

But he didn’t make it too easy for himself. He would add in all types of animals into the pieces of the puzzle.

His wife, who he called “Kitty” or “Kat,” would be the inspiration for the pieces shaped like cats. Because he always made sure there was at least one cat piece in each puzzle he designed.

Beyond puzzles, he also painted. Visitors can see a huge painting Trutter himself painted for the art class he took here at Lincoln Land. The painting had hung on his own walls in his home for years along with the decorated décor above it. It’s a take on an emperor standing outside his palace.

The Trutters not only donated their art collection. They also gave the money to build and keep up the Trutter Center.

Furthermore, the Trutters set up a scholarship fund. Oddly enough, this fund is not set up for the art students but for the medical students.

The Trutter Center is more than just a museum. It also hosts many events, from self-defense and yoga classes to recitals, musical events and fundraisers.

Most people will never get the chance to travel the world and see as much as the Philip and Mary Kathryn Trutter and their twin daughters, Carolyn and Marylyn, but the Trutters brought a small piece of that world back to Lincoln Land.

The museum is open 10 a.m. to 4 p.m. Monday through Thursday.

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Film explores karma, Buddhist religion

By Paige Kirbach
Staff Writer

SPRINGFIELD – Almost 40 students and faculty came out Oct. 8 to view “Spring, Summer, Fall, Winter ... and Spring,” the second in East Asian Film Series.

The film was directed by Kim Ki-Duk, who is known for intense movies.

Filmed at a Buddhist monastery in South Korea, the 2003 movie tells the story of a Buddhist monk and his young student. It follows the student through the journey of life. It shows the idea of karma and how everything circles back to where it started.

“The crowd seemed interested in the movie, even at times when it was hard to follow. I hope they walk away with a better understanding of South Korean culture,” said guest speaker Alex Lee.

A PhD candidate at the University of Illinois at Urbana-Champaign, Lee spoke at the event to provide context and clear up confusion that audience members might have had.

Lee’s parents are from South Korea, and he lived there for four years while in a field research program.

“The Buddhist views displayed in the movie were interesting to connect to what I’m learning in humanities with Professor (Paul) Van Heuklom,” said Kelly Adamski, Lincoln Land student.

Van Heuklom was also at the screening to help shed some light on the Buddhist religion, which is practiced by the characters in the film.

“What did I just watch,” said Davis Younker, Lincoln Land student, about his first thought after the film ended.

At times, the film was hard to follow because of the lack of dialogue, but in the end, students and faculty reacted positively to the film.

“I just needed a minute to process the message of the film,” Younker said.

Younker was also glad to have Lee provide insights into the film and clear up the cultural differences.

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Concert helps homeless

By Amanda Calhoun
Staff Writer

SPRINGFIELD — Contact Ministries has been helping homeless women and children since 1978.

On Oct. 15, the group was raising money through a concert at the United Methodist Church on Koke Mill Road. The money will support employment assistance, budgeting, family literacy, parenting classes, tutoring, and case management, with a goal of finding and maintaining permanent housing. Referrals are made for day care, treatment centers, adult education, and other mainstream resources.

“We provide shelter and help for women and children who are homeless,” said Randy O’Brien, the ministry’s president.

Contact Ministries was founded in 1978, as a result of multi-denominational, church-based commitment to

help those in need in Springfield and the surrounding area.

In November 1993, Contact Ministries expanded its services to the less fortunate of the area by opening a transitional shelter women and children who don’t have homes. In 2013, Contact Ministries further expanded by opening an emergency shelter for single women and women with children of all ages who are homeless. These shelters provide a safe haven to stabilize families in a Christian environment.

“Working at Contact Ministries helps us change your life and an opportunity to work,” said Veronica Usoroh.

Chalise Smith added, “And for other women, (it provides) an opportunity to help them get a job.”

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Jarrard competes in two sports

By Emmi Fisher
Staff Writer

Have you recently been in Cass Gymnasium?

If you have, you probably heard yells and cheers coming from the large crowd that packs in for the LLCC Women's Volleyball team. If one has taken a few minutes to check out all the commotion going on, one would understand it all after a glance at the scoreboard. Lincoln Land Community College has a nationally-ranked volleyball team this year. The team has a 10-game winning streak, and they want to keep it up until they win nationals.

The volleyball team has a lot of success and victories going on right now. If one has been to the games, they would also notice a 6-foot tall player for LLCC. One might need to take a double take because you also can see this exceptionally talented athlete at basketball practice.

Sydney Taylor Jarrard is not just the middle hitter on Lincoln Land's No. 4 nationally-ranked volleyball team, but she also plays basketball.

Jarrard does all of this while maintaining a 3.22 GPA.

Jarrard was born in Springfield and grew up in a small town just 20 minutes away that has a debated pronunciation: Athens.

Jarrard was kind enough to take some time to answer some questions:

TL: So how did you get involved in volleyball?

STJ: I started playing volleyball in the sixth grade, that's when it started for our school, and I really wasn't like, "oh let's be on the volleyball team", all my friends were on it, so I was like, "I will be on it too!" Then I started competitive volleyball in the seventh grade. In the eighth grade we won the Lincoln classic for the first time. My high school team was not as good, so I continued playing club volleyball until my senior year of high school. But my senior year I broke my ankle and was unable to play only but five volleyball games.

TL: How did you get involved playing basketball?

STJ: I think I have been playing basketball since the fourth grade. I was a part of Athens Youth Sports Association, there I played soccer, baseball, and basketball.

TL: When did you find you like basketball better than all the other sports?

STJ: Basketball was definitely my favorite sport over soccer and baseball for as long as I could remember.

TL: What are some of your accomplishments in sports?

STJ: Well my junior year of high school I lead all the stats on my volleyball team. But



Sydney Taylor Jarrard

senior year, I broke my ankle and only played five games, so I didn't get any, but I got the defense award in basketball my senior year.

"Sydney is awesome for being able to play both collegiate basketball and volleyball. Trying to juggle both of those sports with school would be crazy."

Taylor Wienke, volleyball teammate

TL: Why did you decide to play both volleyball and basketball?

STJ: My senior year of high school I talked to the LLCC Women's volleyball and basketball coaches about playing both sports. But since I was new to college I just decided my first year to

Just play basketball, but I really was missing volleyball so I thought if I can handle it, why not just play volleyball also this year.

TL: How do you manage your time?

STJ: It's a struggle actually, I have to really think about what and when practices are, and when to do my study tables. I pretty much do thirty minutes of study tables whenever I can.

TL: How do you feel about practicing four or more hours a night?

STJ: It goes by pretty fast. I enjoy it.

TL: How do you feel about your season right now?

STJ: I think we're doing awesome, we had a little let down, but I think you have to lose some games to humble yourself, not that we're cocky but, just to refocus.

TL: How do you feel about basketball starting up?

STJ: I think we should be better this year than we were last year. We now have faster guards and more tall people.

TL: What gets you excited for games? Do you have any rituals you do?

STJ: I like to listen to music before, like our warm up CD this year, everyone picked a year, then a song from that year.

TL: What year and song did you pick?

STJ: I had 1968, "I wanna rock".

"Sydney is an amazing athlete and person. It's very impressive that she can juggle two sports and college!"

Summer Sabo, volleyball teammate

TL: Do you have a mentor you look up to in volleyball or basketball?

STJ: I never really watched volleyball or basketball. Everyone always knew what was going on in like the NBA, and I was like I am glad you know, but I just like to play.

TL: What are some pros and cons of central Illinois?

STJ: The winters are so cold and they suck. I like how it is rural, then you just come to Springfield and it's not a super city, but there are things to do.

TL: What are some activities you like to do outside of school?

STJ: I like to paint, I am taking my third art class, but outside of that, I really do not have time for much else. Well I work.

TL: Where do you work at?

STJ: I work at Chaditos and Goals Indoor sports, which is like an indoor soccer complex.

TL: What is Chaditos?

STJ: It is a Mexican-American fast food restaurant.

"Sydney's a hard worker and, given that she didn't play last season, has done fabulous. I admire the commitment she's putting into playing two sports at the college level; kids able to do that, and keep their academics in order, don't come along every day."

Jim Dietz, volleyball coach

TL: What is your major?

STJ: I am undecided but, I am going for an Associates in Science for Biology. Just in case I want to do anything in the medical field. But I really have no idea.

TL: What will you be doing after LLCC? And where do you think you will be?

STJ: I am taking to some coaches about playing volleyball, I don't think I can play another six more months of basketball for another two years because I think my knees and ankles would be broken by then.

TL: How is basketball different than volleyball?

STJ: Well I am definitely not in basketball shape you can say. You can be aggressive in both sports, but girls in basketball can get mad and you can physically injure each other. In volleyball you are just hitting the ball at them.

TL: Is there anything only a few people know about you?

STJ: That's a hard question. Probably not I am a pretty open person.

TL: One practice I saw you were dressed up in these crazy '80s clothes, what was that all about?

STJ: Well our coach said if we won our game that Thursday against Lincoln Community College we could have a theme day. We all got to pick what we wanted to do. It was fun! Hopefully we'll get to do it again!

"Sydney is a great person to have on your team. She works hard in practice and games. Sydney is also a tremendous team player.

She supports her teammates and always has a good attitude."

Gary Albert, women's basketball coach

TL: What time is bed time?

STJ: It depends on the night. At the beginning of the year I was really good about going to bed around ten thirty, but now it's closer to eleven thirty or midnight. There are some nights I have to stay up and binge art work all night.

TL: How do you feel when you're super tired and does it help your artwork to be more vibrant?

STJ: Well, maybe.

TL: Do you have any pets?

STJ: I have a dog who is 15 named socks because of her white feet, and black body. She is a mixed and was the runt of the litter, but all her brother and sisters are dead...so. My brother has a giant black lab, what is massive. At my mom's house my little step brother who is ten just wants to help out all these stray animals, so our garage consist of two blind cats, another stray cat my step dad found at work, and a dog.

TL: So would you consider your house a non-profit for animals?

STJ: Yeah, Kind of. In my garage it smells like a petting zoo. My little nieces are like, "Oh I want to go to the zoo", but I say "No you can go to grandma's house".

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Cubs, Cardinals series excites rivalry

By Leanna Churchill
Staff Writer

On Oct. 13, the Chicago Cubs clinched the playoff series at Wrigley Field – the first time they won a post-season series at their Wrigley home.

This was also an end to an almost weeklong debate over one of the biggest rivalries in Major League Baseball. The Cubs? Or the Cardinals?

"With the Cubs being perennial losers and the Cardinals usually dominating in the postseason, it was a nice change to see a group of young slugers get the best of a veteran squad," said Lincoln Land student, Keith Burris, even though he's a Cardinals fan.

A co-worker of Burris, Sara Dillon said she was "proud of most Cardinal fans for being so supportive and being such good sports about the loss."

The Springfield area has always been in the middle of the Cubs/Cards debate, given its proximity to both

cities, but it was defiantly heightened with the excitement of the series.

The eventful week began for the Cubs with a win over the Pittsburgh Pirates in the wild card game on the previous Wednesday night.

Within minutes following the game, the Cubs and Cardinals fans were already talking trash and making plans to watch the series.

Never before in history had the Chicago Cubs and St. Louis Cardinals played each other in a postseason series. Connected by Interstate 55, this series was expected to be one of the biggest of the 2015 postseason.

As a long time Cubs fan, 79-year-old, Richard Gross was excited to see his team succeed against the Cardinals at an important time.

Gross said, "The majority of my family are fans of the Cardinals, and they always get to have fun making fun of my Cubs. Now I can turn the tables, since they're the ones that lost

this time."

Two days after the wild card game, game one of the National League Division Series, a five-game series, took place at Busch Stadium with an anticipated pitching matchup.

Cardinal John Lackey took the mound against former teammate John Lester. The Cardinals edged out the Cubs that game, 0-4.

In game two, the Cardinal's three solo home runs were not enough to top the Cubs six runs. The Cubs came out of that game with a 6-3 win and evened the series at one a piece.

For game three, the Cubs were the ones on home turf, after a day off, with a sea of blue filling the stands at Wrigley. This game would be another historical moment for the Cubs.

The Cubs would win this game 6-8, with a record setting six home runs. That topped the previous record of five homers in a single postseason game, which five teams shared.

All eight of the runs scored by the Cubs were off the home run balls.

There were solo blasts from Kyle Schwarber and Starlin Castro, before Kris Bryant and Anthony Rizzo went back-to-back in the fifth, making the score 2-5.

Jorge Soler hit a two-run home run in the sixth and Dexter Fowler rounded off the night with a solo shot in the eighth.

Game four started at Wrigley, in the late afternoon, with the Cubs one win away from a trip to the National League Championship Series.

The Cardinals took an early lead in the first, behind a Stephen Piscotty two-run home run and would score two more runs that game but it was not enough to top the Cubs, who scored six runs.

Three hours and sixteen minutes after the first pitch, the Cubs would fly the W and the celebration for the team and their fans began.

While the player sprayed each other with champagne and gathered on the field with their families, fans filled the streets outside the stadium to celebrate.

Gross's granddaughter and former Lincoln Land student, Rachel Gross said her first reaction was disappointment, from a Cardinal's fan standpoint, but the Cubs "played well and they clearly wanted it more this year."

For the team and all the fans the Cubs postseason series win over the Cardinals was a historical and memorable one.

"There is still many games left to play, but at least they beat the Cards," said Mason Hutcheson, Cubs fan and Lincoln Land student.

For the Cardinals fans, they can take a lesson from the Cubs and remember the mantra: "There's always next year."

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